



INDIVIDUAL LIST- ORYX INTERNATIONAL SCHOOL



FAMILY	ITEM	DESCRIPTION	PRICES
Pre-Order Combos	Child - 01	Cold Cuts, Sandwich / Wrap / Rollup, Cut Fruit, Dairy Product, Dessert	QAR 22.00
	Child - 02	Cold Cuts, Sandwich / Wrap / Rollup, Fruits Cut, Dairy Product, Dessert (Smaller Portion)	QAR 19.00
Counter Combos	Combo - 01	Main Course, Vegetable, Starch, Salad or Soup, Fruit, Water	QAR 22.00
	Combo - 02	Main Course, Vegetable, Starch	QAR 20.00
Pasta Station	Pasta	Penne, Fusilli, Gluten-Free	QAR 05.00
	Sauce	White, Red, Pink	
	Toppings	Grilled Chicken, Meatballs, Roasted Vegetables, Parmesan Cheese	
Salad & Fruit	Coleslaw Salad	250g	QAR 5.00
	Mixed Green Salad	250g	QAR 5.00
	Caesar Salad	250g	QAR 7.00
	Greek Salad	250g	QAR 7.00
	Quinoa Salad	250g	QAR 9.00
	Chickpea Salad	250g	QAR 5.00
	Fruit Whole	150g	QAR 2.00
	Fruit Salad	250g	QAR 9.00
	Tropical Fruit Cup	200g	QAR 12.00
Salad Bar	Watermelon Slices	150g	QAR 8.00
	Base Greens	Mixed Lettuce, Baby Spinach, Arugula, Romaine	QAR 10.00
	Vegetable Toppings	Cherry Tomatoes, Cucumbers, Carrots, Bell Peppers, Sweet Corn, Red Onion	
	Protein Options	Grilled Chicken Strips, Boiled Eggs, Tuna, Chickpeas, Kidney Beans	
	Cheese	Feta Cheese, Parmesan Shavings, Cheddar Cubes	
	Crunch & Extras	Croutons, Sunflower Seeds, Olives, Pickles	
	Dressings	Caesar, Ranch, Italian, Balsamic Vinaigrette, Olive Oil & Lemon	
	Fresh Juices	Orange, Apple, Watermelon, Pineapple, Mango, Carrot, Mixed Fruit	QAR 8.00
	Smoothies	Strawberry-Banana, Mango-Pineapple, Berry Blast, Tropical Mix	QAR 12.00
	Detox & Wellness	Green Juice (Spinach, Apple, Lemon), Beetroot Juice, Ginger-Lemon Shot	QAR 7.00
Juice Station	Cold Drinks	Iced Tea (Peach, Lemon), Lemonade	QAR 5.00
	Tetra Pack Juice	Tetra Pack Juice Assorted	QAR 2.00
	Bottled Juice	Bottled Fresh Juice Assorted	QAR 3.00
	Water	Water	QAR 2.00
Dairy	Fruits Yogurt Strawberry	100g	QAR 3.00
	Fruits Yogurt Peach	100g	QAR 3.00
	Fresh Yogurt Full Fat	170g	QAR 3.00
	Fresh Yogurt Low Fat	170g	QAR 3.00
	Cheese Cubes	Cheddar, Gouda	QAR 15.00
	Flavored Milk	Chocolate, Strawberry 200ml	QAR 3.00
Sandwiches Grab & Go	Beef Burger		QAR 10.00
	Beef Fajita		QAR 10.00
	Chicken Fajita Sandwich		QAR 10.00
	Chicken Tikka Sandwich		QAR 10.00
	Tuna Sandwich		QAR 10.00
	Egg Sandwich		QAR 10.00
	Italian Veg Wrap Sandwich		QAR 10.00
	Cheese Sandwich		QAR 10.00
	Grilled Chicken Panini		QAR 10.00
	Turkey & Cheese Sandwich		QAR 10.00
Bakery	Veggie Hummus Wrap		QAR 08.00
	Plain Croissant	80g	QAR 07.00
	Pain au Chocolat	80g	QAR 07.00
	Muffin Chocolate	90g	QAR 07.00
	Muffin Banana	90g	QAR 07.00
	Muffin Blueberry	90g	QAR 07.00
	Muffin Caramel	90g	QAR 07.00
	Chocolate Chip Cookie	75g	QAR 07.00
	Donut Chocolate	85g	QAR 07.00
	Donut Sugar	80g	QAR 07.00
	Cinnamon Roll	100g	QAR 07.00
	Mini Danish Pastries	100g	QAR 07.00
	Granola Bars	60g	QAR 07.00
	Whole Wheat Croissant	80g	QAR 07.00
Pizza & Fatayer	Margherita Pizza	80g	QAR 06.00
	Pizza Vegetable	80g	QAR 06.00
	Fatayer Cheese	80g	QAR 06.00
	Fatayer Labneh	80g	QAR 06.00
	Fatayer Zaatar	80g	QAR 06.00
	Pepperoni Pizza	80g	QAR 08.00
	Chicken BBQ Pizza	80g	QAR 08.00
	Spinach & Cheese Fatayer	80g	QAR 06.00
Desserts	Rice Pudding	150g	QAR 06.00
	Cream Caramel	150g	QAR 06.00
	Custard	150g	QAR 06.00
	Muhalabia	150g	QAR 06.00
	Fruit Jelly	150g	QAR 06.00
	Mini Cupcakes	150g	QAR 06.00
	Fruit Tart	150g	QAR 06.00



MIDDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
MAIN DISH (Mini Portions of 150 G)	Cheesy Pasta Twirls Cheesy Chicken Pasta Twirls are a comforting and familiar main dish that appeals to young children.	Mini Beef Kofta Safari Balls provide a flavorful and protein-packed main course served with fluffy rice.	Crunchy fish fingers With creamy mashed potatoes provide a nutritious balance of protein and carbohydrates for energy.	Magic Mac & Cheese Mac & Cheese includes hidden vegetables to enhance nutrition while remaining tasty and kid-friendly.	Kid-Friendly Wrap The Chicken Shawarma Roll-Up is mild and suitable for children, offering a flavorful main dish.
STARTERS (Mini Portions of 60 G)	Colorful Veggie Sticks Rainbow Veggie Sticks include carrot and sweetcorn, adding color and nutrition to the meal.	Cool Cucumber Coins Add hydration and a satisfying crunchy texture to the meal.	Steamed Broccoli called Little Trees, offers essential vitamins and dietary fiber for healthy growth.	Cherry Tomato Pops Cherry Tomato Pops add vibrant color and fresh flavor, making vegetables fun and appealing.	Fresh Salad Mix A colorful salad mix adds freshness and essential nutrients to the meal, promoting healthy eating.
DESSERT (Mini Portions of 50G)	Banana Muffin Banana Surprise Muffin is a tasty and energy-boosting dessert enjoyed by students.	Vanilla Yogurt Cup Offers a creamy, nutritious dessert to complement the meal.	Fruit Treat Watermelon Smile Slices provide a sweet, hydrating fruit option that children enjoy.	Sweet Mini Cookie Mini Chocolate Chip Cookie offers a small, enjoyable treat to complete the meal.	Strawberry Yogurt Swirl provides a sweet and nutritious dessert option for a balanced meal.
REFRESHING (Standard size)	Apple Juice Apple Juice Box provides a refreshing and vitamin-rich drink to complete the meal.	Cocktail Juice Adds a fruits flavor boost and important vitamins to support immunity.	Orange Juice Adds a citrus flavor boost and important vitamin C to support immunity.	Cocktail Juice Adds a fruits flavor boost and important vitamins to support immunity.	Apple juice Accompanies the meal, adding hydration and a familiar beverage choice.

We wish you a bon appétit !





ORYX INTERNATIONAL SCHOOL - Child 01_Cold Food



Oryx
International
School, Doha
مدرسة أوريكس العالمية

30/08/2026

CATEGORY	SUNDAY	MONDAY	TUSDAY	WEDNESDAY	THURSDAY
STARTERS (Portions of 100 G)	Caprese Skewers   	Mini Tomato BLT Cups  	Nachos Guacamole  	Apple Goat Cheese Crostini  	Pickles in a Blanket  
PROTEIN (Portions of 220 G)	Slider chicken pattie   	Greek wrap Chicken Alberta  	Turkey and Cheese Crescent Rolls  	Peri-peri Chicken Sandwich   	Spinach and Bean Burrito Wrap  
ACCOMPANIMENT (Portions of 80G)	Blackberry, Cherry tomatoes 	Strawberry, Cucumber fingers 	Pineapple, Dried apricots 	Raspberry, Circle Carrot 	Kiwi Slices , Dried Mango 
DAIRY (Portions of 170G)	Peach yogurt 	Full-fat milk 	Plain yogurt 	Chocolate milk 	Strawberry Milk 
DESSERT (Mini Portions of 90G)	Chocolate Custard  	Rice Pudding  	Chocolate chip Cookies  	Vanilla Crème Brûlée  	Creamy Cupcake  



We wish you a bon appétit !



ORYX INTERNATIONAL SCHOOL - Child 01_Cold Food



Oryx
International
School, Doha
مدارس أوريكس العالمية

30/08/2026

CATEGORY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
STARTERS (Mini Portions of 60 G)	Mortadella and Cream Cheese    	Bites Watermelon and Feta Mint   	Italian Pinwheels with Cream Cheese  	Beef Bacon and Goat-Cheese Mini-Stuffed Baby Marrow    	Creamy Roasted Garlic and Lemon Hummus   
PROTEIN (Mini Portions of 150 G)	Chicken Fajita Sandwich  	Baked Egg Cheese Sandwich   	Turkey Croissant Sandwich  	Banana English Muffin  	Chicken Avocado BLT Wrap   
ACCOMPANIMENT (Mini Portions of 40G)	Blackberry, Cherry tomatoes 	Strawberry, Cucumber fingers 	Pineapple, Dried apricots 	Raspberry, Circle Carrot 	Kiwi Slices , Dried Mango 
DAIRY (Mini Portions of 100G)	Peach yogurt 	Full-fat milk 	Plain yogurt 	Chocolate milk 	Strawberry Milk 
DESSERT (Mini Portions of 50G)	Chocolate Custard  	Rice pudding  	Chocolate chip cookies  	Vanilla Crème Brûlée  	Creamy Cupcake  



We wish you a bon appétit !



ORYX INTERNATIONAL SCHOOL - Lunch_Menu_Week 01



Oryx
International
School, Doha
مدرسة أوريكس العالمية

30/08/2026

CATEGORY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Salad	Friendly salad	Conan salad	Caesar saLad	Greek salad	Coleslaw salad
Main Course	Lemon Butter Beef Cubes with Creamy Garlic Ranch OR Chicken Milanese with Cheese Dip	Fish in Garlic Lemon Cream Sauce OR Pizzello Chicken	Beef meatballs in Mushroom Gravy OR Chicken tenders with Honey Mustard Dip	Sweet & Sour Fish OR Grilled Chicken Leg with Garlic Sauce	Scarlatti Beef Lasagna OR Butter Chicken
Vegetable	Grilled Zucchini and Cauliflower	Mashed Potato	Veg Caponata	Pomme Gratinée	Veg Noodles
Starch	Pasta spaghetti OR Garlic fried rice	Pasta fusilli OR Majkouzi rice	Rostella sauce OR Arrabiata sauce	Cheddar sauce OR White cheese sauce	Alfredo sauce OR Puttanesca sauce
Sauce	Bolognese sauce OR Aioli sauce	Tomato sauce OR Marinara sauce	Rosatella sauce OR Arrabiata sauce	Cheddar sauce OR White cheese sauce	Alfredo sauce OR Puttanesca sauce
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Water	Bottled Water 330 ml	Bottled Water 330 ml	Bottled Water 330 ml	Bottled Water 330 ml	Bottled Water 330 ml



Combo - 01 : (Main course, Vegetable, Starch, Salad or Soup , Fruit, Water)

Combo - 02 : (Main course, Vegetable, Starch)



ORYX INTERNATIONAL SCHOOL - Lunch Menu Week 02



Oryx
International
School, Doha
مدرسة أوريكس العالمية

30/08/2026

CATEGORY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Salad	Tropical salad	Beetroot salad	Fattoush salad	Italian salad	Little chef salad
Main Course	Navarin Beef Or Buffalo chicken Bites	Fish Finger with Tartar Sauce OR Creamy Chicken pomodoro	Mongolian beef Or Chicken Cacciatore	Fish Bites Stir Fry with Veg OR Chicken Stroganoff	Hassan pasha Kofta OR Chicken Lasagna
Vegetable	Cheesy Sweetcorn	Eggplant Parmigiana	Sautéed vegetable	Frittata with Potato	Vegetable Ratatouille
Starch	Pasta penne OR White Rice	Linguine pasta OE Iranian rice	Farfalle pasta OR Spanish rice	Spaghetti pasta OR Fried rice	Fusilli pasta OR Vermicelli rice
Sauce	Mushroom sauce OR Pesto sauce	Sicilian sauce OR Napolitana sauce	Carbonara sauce OR Bechamel sauce	Cheesy white sauce OR Shiitake mushroom sauce	Garlic creamy sauce OR Spinach sauce
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Water	Bottled Water 330 ml	Bottled Water 330 ml	Bottled Water 330 ml	Bottled Water 330 ml	Bottled Water 330 ml



Combo - 01 : (Main course, Vegetable, Starch, Salad or Soup , Fruit, Water)

Combo - 02 : (Main course, Vegetable, Starch)