

# ORYX INTERNATIONAL SCHOOL

## AFTER SCHOOL ACTIVITIES GUIDE SECONDARY

TERM 1 2024/25

مدرسة اوريكس العالمية



# ENHANCED CURRICULUM

“At Oryx International School, we understand the importance of nurturing individual interests and fostering the holistic development of students. That's why our extracurricular activities are carefully designed to provide students with the opportunity to learn, explore, and develop new interests beyond the classroom. After an intense day of classes, these activities allow students to pursue areas of interest that go beyond the traditional curriculum.

From sports to drama, music, art, science, and much more, we offer a diverse array of options that enrich the growth and learning of your children.

These activities not only complement formal education but also inspire creativity, promote teamwork, and foster personal development.

Our ASA program is built around our School Values and align with the Qatar Values. We want our students to be respectful & responsible citizens and show appreciation in the work they produce. At Oryx our staff and students show immense pride in the progress Qatar has made. We want our students to always strive to get better each day”

**BRYAN KELLY**  
ASSISTANT PRINCIPAL





# Secondary Recreational After School Activities

مدرسة اوريكس العالمية



INTERNATIONAL  
SCHOOL



## KS3 YEAR 7 - 9 CROSS COUNTRY/FITNESS

---

**Wednesday** 2.15-3pm  
**Location** 1/2 Sports Hall  
**Staff** Mrs Kelly and Mr Dogaru

Preparation for cross country team entry, training zones, programs and Cardio work



## Y7-Y13 ART & REFLECTIONS: EXPLORING ISLAM

---

**Sunday** 2.00-3pm  
**Location** D-SF-15  
**Staff** Ms. Khan & Ms. Kubra

Join our club to explore the beauty of Islamic art, from intricate geometric designs to stunning calligraphy, while engaging in discussions on the principles of Islam and how to apply them in everyday life. Open to both Muslims and non-Muslims, it's a welcoming space for all!





## YEAR 7 - 9 CHESS CLUB

**Sunday** 2.15-3pm

**Location** D-SF-16

**Staff** Mr Dadey & Mr El-Masri

Recreational chess where students learn and play against each other.



## YEAR 7-13 FANTASY FOOTBALL

**Sunday** 2.15-3pm

**Location** DFF03

**Staff** Mr Rafi and Mr Daya

Students will engage in the Premier League Fantasy Football, learning how to analyse player performances, manage a virtual team and be pitted against each other. Students will enhance their understanding of football, data analysis, and teamwork, all while enjoying a competitive and interactive experience.





## YEAR 10-11 **CHESS CLUB**

**Wednesday** 2.15-3pm

**Location** C FF 14

**Staff** Mr Konteh & Ms. Rouse

Recreational chess where students learn and play against each other.



## YEAR 7-13 **PERFORMING ARTS CLUB**

**Sunday** 2.00-3pm

**Location** Drama / studio

**Staff** Miss Dornan Miss Jeffries

An opportunity to learn performing arts skills and perform on stage in School events.



# YEAR 7 YOGA KIDS

---

**Wednesday** 2.15-3pm

**Location** Dance studio

**Staff** Ms Hernandez & Y12 Assistants

Yoga helps them build strength and flexibility but also teaches them mindfulness and relaxation techniques. Plus, it can be a fun and playful activity.

# YEAR 7-8 ARABIC SECOND LANGUAGE

---

**Sunday** 2.15-3pm

**Location** C-FF 16

**Staff** Arabic Department Teachers

Basic Arabic language skills (reading, writing, speaking and listening) will be taught according to the students; level of proficiency in Arabic language skills. Also, the student will also be connected to Arab culture.





## YEAR 7-9 TABLE TENNIS

**Sunday** 2.15-3pm  
**Location** Upstairs canteen  
**Staff** Mr Sharif & Mr Gray

Enhancing fitness, teamwork, strategy, and coordination contributing to overall personal and social growth.



## YEAR 7-9 BOARDGAMES/TASKS

**Sunday** 2.15-3pm  
**Location** C-FF-10  
**Staff** Mr. Byrne & Mr. Downing

Students will use creativity, logic and strategy to compete in various boardgames and tasks against one another.





# 6TH FORM DEEP RELAXATION AND GROUP COACHING

**Sunday** 2.15-3pm

**Location** Dance studio

**Staff** Ms Shana Begum & Ms Sev Caferoglu

We will focus on stress management through deep relaxation and use this time also for group coaching

# Y11&Y12 IELTS

**Sunday** 2.15-3pm

**Location** C-SF-01

**Staff** Mr Amaso & Ms D'Souza

IELTS exams are undertaken by students who seek university admissions. Preparing the students to write this exam and be successful in it is a vital ASA very much needed by the students. 15 STUDENTS





## YEAR 7-11 PUPIL NEWSLETTER

**Sunday** 2.15-3pm

**Location** D-FF-01

**Staff** Miss Khan and Ms Sed

Creating an academic school newsletter with pupils every term



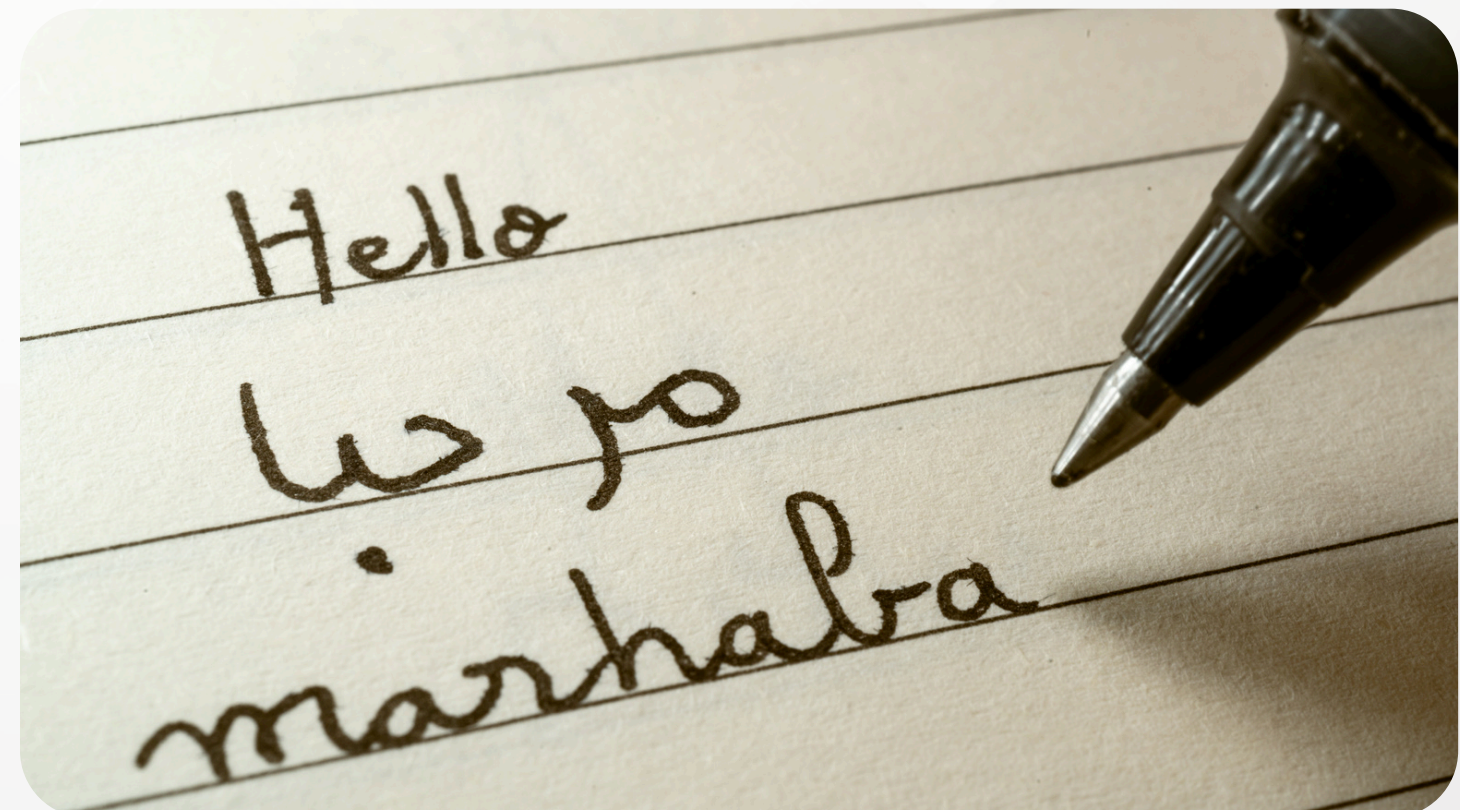
## Y11-12 ARABIC LANGUAGE CLUB

**Sunday** 2.15-3pm

**Location** C-FF02

**Staff** Arabic Department Teachers

Basic Arabic language skills (reading, writing, speaking and listening) will be taught according to the students; level of proficiency in Arabic language skills. Also, the student will also be connected to Arab culture.





## YEAR 7-13 ISLAMIC REMINDERS AND BUILDING GOOD CHARACTER

**Sunday** 2.15-3pm

**Location** D-SF-18

**Staff** Ms Kubra & Ms Khan

Discussing basic principles of Islam and how to implement them into our daily lives. Sessions are open to Muslims and non-Muslim students.



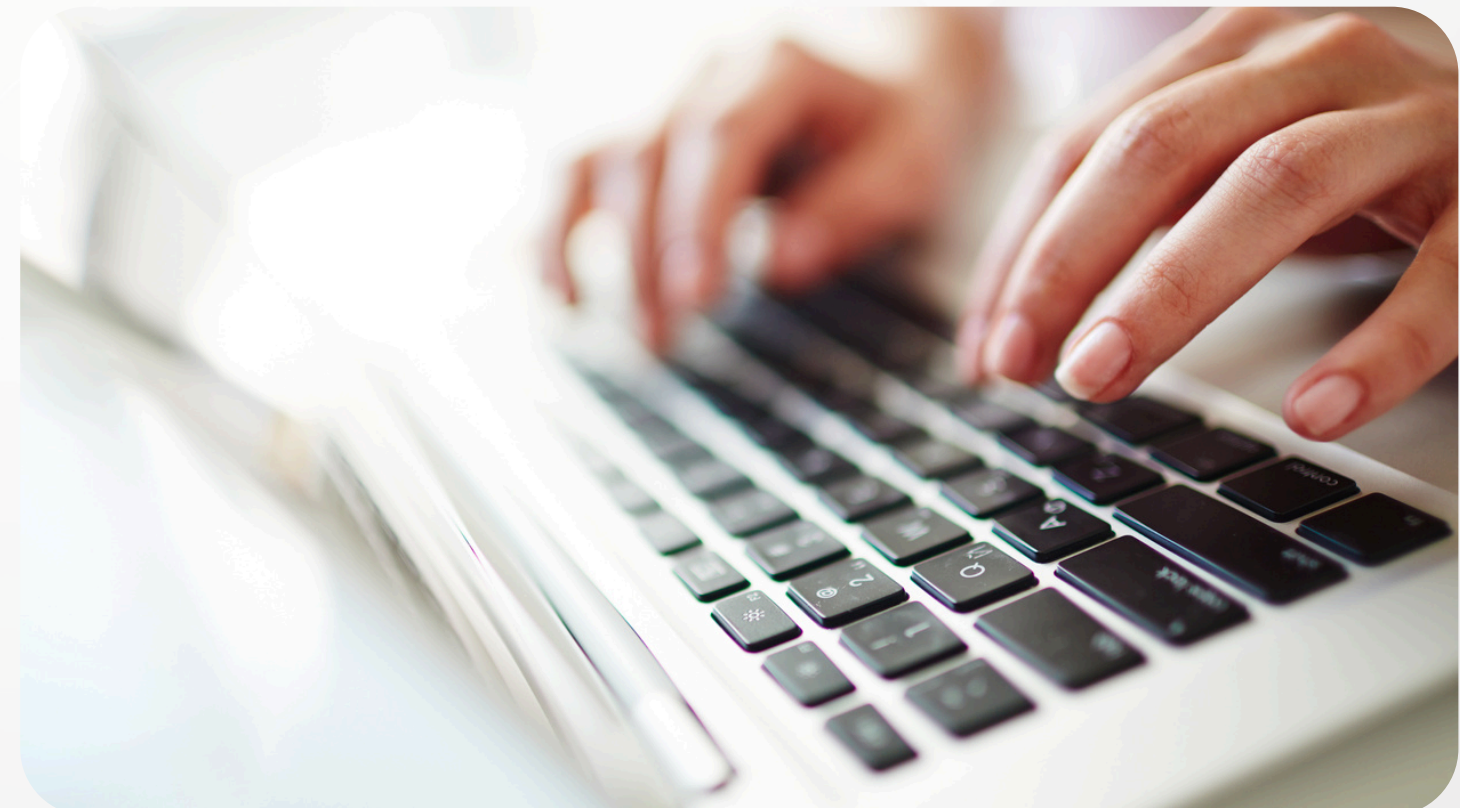
## YEAR 7-13 TOUCH TYPING

**Sunday** 2.15-3pm

**Location** Lecture Theatre

**Staff** Mrs Ali, Mrs Robinson, Mrs Prime

Teach students to touch type (type without looking at keyboard) making using a laptop more efficient. All students will be required to BYOD.





## YEAR 8-9 COOKING CLUB

( maximum of 15 )

**Wednesday** 2.15-3pm  
**Location** Grond Floor Kitchen  
**Staff** Miss Robins

Students will explore different recipes to enhance their cooking skills. Due to Health and Safety Guidelines, a maximum limit of 15 students is allowed each week.



## YEAR 7-8 TEXTILE CLUB

**Sunday** 2.15-3pm  
**Location** C-GR-11 / Art Room 1  
**Staff** Ms Cath & Mrs Taduran

Due to limited resources, only 12 students may be accommodated. Students will participate in needlework, dyeing, and fabric painting. Students will enhance their artistic abilities, express their creativity, and understand textile technology.



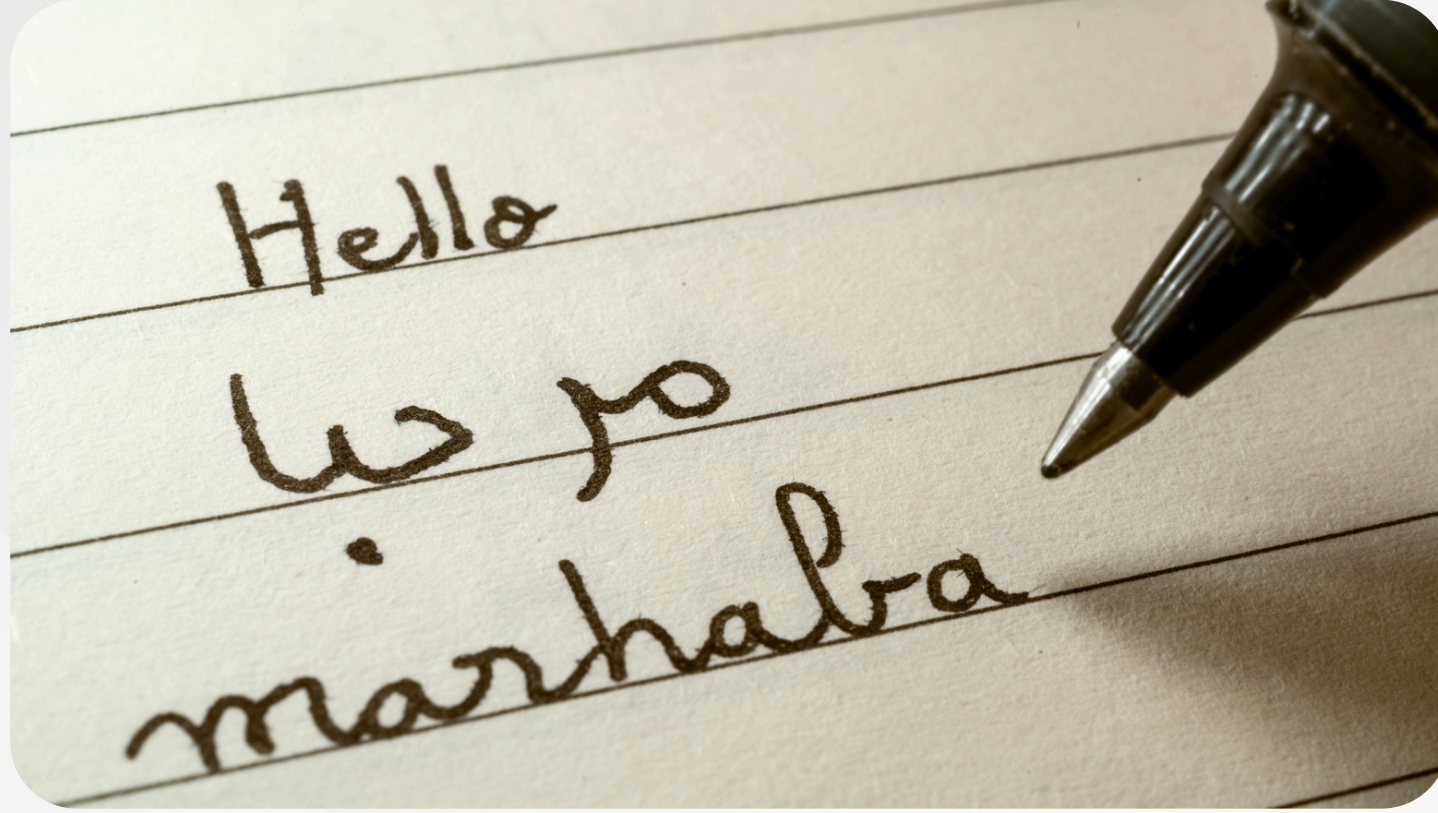
## YEAR 9 & 10 ARABIC SECOND LANGUAGE CLUB

**Sunday** 2.15-3pm

**Location** C-FF 15

**Staff** Arabic Department Teachers

Basic Arabic language skills (reading, writing, speaking and listening) will be taught according to the students' level of proficiency in Arabic language skills. Also, the student will also be connected to Arab culture.



مدرسة أوريكس العالمية



# HOMework CLUB INFORMATION

We are continuing with our Homework Club for Secondary students to run alongside our ASA program from 14th January to 7th March 2024. This will run every day (Sun-Thu) from 2.15pm – 3pm.

Just a reminder that the Homework Club is designed to support parents who may have a younger child in an ASA and an older child who isn't in an ASA on the same day. This is to prevent parents from having to come at 2.15pm and then again at 3pm. The Homework Club would allow the child to attend and finish at the same time as their younger sibling, being 3pm.

It is important to note that the Homework Club will be supervised by a teacher, but that teacher may not be a subject specialist in the work that is being done by your child. Their role will be to simply supervise and support in any way they can.

### *The conditions of registering for the Homework club are:*

- The students registering must have another sibling who is attending an ASA on the same day.
- To register for the Homework club, parents must email [secondary.asa@oryxschool.qa](mailto:secondary.asa@oryxschool.qa) with the following information:
- Name & year group of your child attending Homework Club.
- The day they wish to attend.
- Name of the club other sibling is attending.

You only need to register your child for Homework club once but please note if they miss more than 3 sessions, we will notify parents to check if they still require a place.

We hope that you take advantage of this fantastic opportunity!





# Frequently Asked Questions

## How do I Sign up?

To register your child for any ASA, please go to <https://oryx.schoolcloud.co.uk/>

## What is the cost of the ASAs?

All ASAs provided by the school are free. External providers have their own fees.

## Is the school bus transportation available for ASAs?

Not at this time, the pickup of students after the activity will be the responsibility of the parents. **Not later than 3PM**

## Is it mandatory for my child to participate in any activity?

Children's participation in ASAs is completely optional.

## Do I need to bring anything specific for my child ASAs?

We recommend that parents ensure their children have comfortable shorts, T-shirts, socks, and running shoes for any sports activities. For outdoor activities, a cap and a water bottle are also essential. Our staff will provide guidance on whether any additional equipment is required or if there is a need to purchase any specific kit.

